

## Markov operators + Ergodic theorems

Let  $T_1, \dots, T_n: (X, \mu) \rightarrow (X, \mu)$  be measure preserving transformations on a probability space (ie,  $A \in \mathcal{B}$ ,  $\mu_i(T_i^{-1}A) = \mu_i(A)$  for  $i=1, \dots, n$ ).

Let  $(p_1, \dots, p_n)$  be a probability vector (ie,  $p_1 + \dots + p_n = 1$ ).

We define a linear operator:

$$\begin{cases} T: L^1(X, \mu) \rightarrow L^1(X, \mu) \\ Tf(x) = \sum_{i=1}^n p_i f(T_i x) \end{cases}, \quad \forall f \in L^1(X, \mu) \text{ a.e. } (\mu) \times \in X$$

More generally, we call  $T: L^1(X, \mu) \rightarrow L^1(X, \mu)$  a Dunford-Schwartz operator if:

$$\|Tf\|_1 \leq \|f\|_1 \text{ and } \|Tf\|_\infty \leq \|f\|_\infty.$$

In addition, we say

(i)  $T$  is positive if  $f_1(x) \leq f_2(x) \Rightarrow Tf_1(x) \leq Tf_2(x)$

(ii)  $T$  is Markov if  $T1 = 1$  (= constant <sup>a.e.</sup>  $f^n$ )

Finally, we say that  $T$  is ergodic if

$$T\chi_A = \chi_A, A \in \mathcal{B} \Rightarrow \mu(A) = 0 \text{ or } \mu(A) = 1$$

Example: we say that  $\{T_1, \dots, T_n\}$  are ergodic if whenever  $A \in \mathcal{B}$  satisfies  $T_i^{-1}A = A$ ,  $i=1, \dots, n$  then  $\mu(A) = 0$  or  $\mu(A) = 1$ .

If  $T\chi_A(x) = \chi_A(x)$  then by convexity  $T_i^{-1}A = A$  for  $i=1, \dots, n$  and thus  $\mu(A) = 0$  or  $1$ , i.e., the operator  $T$  is ergodic.

Theorem (Hopf-Dunford-Schwartz)

If  $T: L^1(X, \mu) \rightarrow L^1(X, \mu)$  is ergodic then

$$\frac{1}{n} \sum_{k=0}^{n-1} T^k \phi(x) \xrightarrow{n \rightarrow \infty} \int \phi d\mu \quad \text{a.e. } (\mu) \ x \in X$$

and  $\phi \in L^1(X, \mu)$ .

Remark: This subsumes the Birkhoff ergodic theorem by letting  $n=1$  and  $p_i=1$

We begin with the following easy lemma:

Lemma: let  $\text{Fix}(T) = \{g \in L^\infty(X, \mu) \mid Tg = g\}$

then  $B := \text{Fix}(T) \oplus (I-T)L^\infty(X, \mu) \subseteq L^1(X, \mu)$  is dense.

(Proof postponed).

Definition: let  $S_n \phi(x) := \sum_{k=0}^{n-1} (T^k \phi)(x), n \geq 0$

Lemma: If  $\phi \in B$  then  $\frac{1}{n} S_n \phi$  converges in  $\|\cdot\|_\infty$

Proof. Let  $f = g + (I-T)h; g \in \text{Fix}(T), h \in L^\infty(X, \mu)$

Then  $\frac{1}{n} S_n \phi = g + \frac{1}{n} (h - T^n h)$  and

$$\left\| \frac{1}{n} S_n \phi - g \right\|_\infty \leq \frac{\|h\|_\infty + \|T^n h\|_\infty}{n} \leq \frac{2\|h\|_\infty}{n} \rightarrow 0$$

as  $n \rightarrow \infty$   $\square$

Moreover, since  $T$  is ergodic we see that  $\text{Fix}(T)$  consists of constant functions (ie,  $\phi \in \mathcal{B} : \frac{1}{n} \sum_{k=0}^{n-1} \phi \circ T^k \rightarrow \int \phi d\mu$ ).

Aim: We want to extend the convergence to the  $L^1$ -closure of  $\mathcal{B}$ .  
(Then the ergodic theorem follows by Lemma 1.)

Definition: We associate a maximal "operator" for  $f \in L^1(X, \mu)$  by:  
$$Mf(x) = \sup_n \left| \frac{1}{n} \sum_{k=0}^{n-1} f \circ T^k(x) \right|, \quad f \in L^1(X, \mu)$$

Lemma 3 (i)  $Mf \geq 0$ ,  $\forall f \in L^1(X, \mu)$   
(ii)  $M(\alpha f) = |\alpha| \cdot Af$ ,  $\forall f \in L^1(X, \mu), \alpha \in \mathbb{C}$   
(iii)  $M(f+g) \leq Af + Ag$ ,  $\forall f, g \in L^1(X, \mu)$ .

(These follow from the definitions).

Definition: We say  $(\frac{1}{n} S_n)_{n=1}^{\infty}$  satisfies a maximal inequality if

$$\mu \left\{ x \mid Mf(x) > \lambda \right\} \leq \frac{\|f\|_1}{\lambda} \quad (M)$$

For all  $\lambda > 0, f \in L^1(X, \mu)$ .

To achieve our "aim" we use the following:

Lemma 4 (Banach's Principle). Assuming (M) holds we have that

$C := \left\{ f \in L^1(X, \mu) \mid \left( \frac{S_n f}{n} \right)_{n=1}^{\infty} \text{ converges a.e.} \right\} \subseteq L^1(X, \mu)$   
is a  $\|\cdot\|_1$ -closed subspace.

Proof. To see that  $C$  is closed: let  $f \in \bar{C} \subseteq L^1(X, \mu)$  and  $\varepsilon > 0$ . Choose  $g \in C$  with  $\|g - f\|_1 < \varepsilon$ .

By the triangle inequality:

For a.e.  $(\mu) x \in X$ :

$$\begin{aligned} \left| \frac{1}{k} S_k f(x) - \frac{1}{l} S_l f(x) \right| &\leq \underbrace{\left| \frac{1}{k} S_k f(x) - \frac{1}{k} S_k g(x) \right|}_{\leq M(f-g)(x)} \\ &+ \underbrace{\left| \frac{1}{k} S_k g(x) - \frac{1}{l} S_l g(x) \right|}_{\rightarrow 0 \text{ as } k, l \rightarrow \infty \text{ (} g \in C \text{)}} \\ &+ \underbrace{\left| \frac{1}{l} S_l g(x) - \frac{1}{l} S_l f(x) \right|}_{\leq M(f-g)(x)} \end{aligned}$$

Thus:  $h(x) = \overline{\lim_{k, l \rightarrow \infty} \left| \frac{1}{k} S_k f(x) - \frac{1}{l} S_l f(x) \right|} \leq 2M(f-g)(x)$

Fix  $\lambda > 0$ , then:

$$\begin{aligned} \mu \{x \mid h(x) > \lambda\} &\leq \mu \{x \mid M(f-g) > \lambda\} \\ &\leq \frac{\|f-g\|_1}{\lambda} \quad (\text{by (M)}) \\ &\leq \frac{\varepsilon}{\lambda}. \end{aligned}$$

Since  $\varepsilon > 0$  was arbitrary:  $\mu \{x \mid h(x) > \lambda\} = 0$   
 Since  $\lambda > 0$  was arbitrary:  $\mu \{x \mid h(x) > 0\} = 0$ , i.e.,  $h \equiv 0$  a.e.  $(\mu)$

In particular,  $f \in C$  (i.e., we deduce  $C$  is closed)  $\square$

Recall: The Theorem follows from Lemma 1, Lemma 2 and Lemma 4.

It remains to show (M) holds. The following is key:

Definition Given  $f \in L^1(X, \mu)$  we define

$$M_n f(x) = \max_{1 \leq k \leq n} \left\{ S_k f(x) \right\}, \quad n \geq 1, \\ \text{a.e. } \mu, x \in X$$

Lemma 5 (Hopf)  $\int f d\mu \geq 0$   
 $\{x \mid M_n f(x) \geq 0\}$

Proof By definition, for  $k=2, 3, \dots, n$ :

$$S_{k-1} f(x) \leq M_n f(x) \leq \max \{ M_n f(x), 0 \} \quad (*) \\ =: (M_n f)_+(x)$$

In particular,

$$\begin{cases} S_k f(x) = f(x) + T S_{k-1} f(x) & k=2, \dots, n. \\ \leq f(x) + T M_n f(x) & \text{(Since } T \text{ is positive and } (*)) \\ S_1 f(x) := f(x) \leq f(x) + \underbrace{T M_n f(x)}_{\geq 0} & \text{(Since } (M_n f)_+ \geq 0 \text{ and } T \text{ positive)} \end{cases}$$

and thus:

$$M_n f(x) := \max_{1 \leq k \leq n} S_k f(x) \leq f(x) + T (M_n f)_+(x). \quad (**)$$

Therefore,

$$\begin{aligned} \int (M_n f)_+ d\mu &= \int_{\{x \mid M_n f \geq 0\}} M_n f d\mu && \text{(by def'n of } (M_n f)_+) \\ &\leq \int_{\{x \mid M_n f(x) \geq 0\}} f d\mu + \int_{\{x \mid M_n f(x) \geq 0\}} T (M_n f)_+ d\mu && \text{(by (**))} \\ &\leq \int_{\{x \mid M_n f(x) \geq 0\}} (M_n f)_+ d\mu && \text{(since } T \text{ is positive and contracts)} \end{aligned}$$

Cancelling the first and last terms gives

$$\int_{\{x \mid M_n f(x) \geq 0\}} f d\mu \geq 0 \quad \text{(as required)} \quad \square$$

Finally, this leads to the following

Corollary (Maximal Ergodic Theorem)

$$\text{Let } A_n f = \max_{1 \leq k \leq n} \left\{ \frac{S_k f(x)}{k} \right\}, \quad n \geq 1, f \in L^1(X, \mu),$$

then for any  $\lambda > 0$ :

$$\mu \{x \mid A_n f(x) > \lambda\} \leq \|f\|_1 / \lambda$$

(i.e., a "finite" version of (M)).

Proof: We can apply the Hopf Lemma (Lemma 5)

to  $\bar{f} = f - \lambda \mathbb{1}$  to get  $\int_{\bar{f} \geq 0} \bar{f} \, d\mu \geq 0$ , which gives

$$\int_{\{x \mid M_n g(x) \geq 0\}} (f - \lambda \mathbb{1}) \, d\mu \geq 0 \quad (*) \quad \left( \begin{array}{l} \text{since } \{x \mid M_n g = 0\} \\ \text{is } \{g(x) \leq 0\} \text{ by def'n} \\ \text{of } M_n g \end{array} \right)$$

(notice  $\geq$  replaced by  $>$ )

Let  $1 \leq k \leq n$ . Let  $0 \leq j \leq k-1$ :

$$\begin{aligned} T^j g &= T^j f - \lambda T^j \mathbb{1} \\ &= T^j f - \lambda \mathbb{1}. \end{aligned} \quad (T \mathbb{1} = \mathbb{1}, \text{ Markov property})$$

Averaging over  $0 \leq j \leq k-1$ :

$$\frac{1}{k} S_k g = \frac{1}{k} S_k f - \lambda \mathbb{1}$$

Taking supremum over  $1 \leq k \leq n$ :

$$A_n g = A_n f - \lambda \quad (**)$$

and thus:

$$(***) \quad \{x \mid A_n f(x) > \lambda\} \subset \{x \mid A_n g > 0\} = \{x \mid M_n g > 0\} \quad \begin{array}{l} \text{(by (**))} \\ \text{(combine} \\ \text{def'n of } A_n, M_n g \end{array}$$

Thus:

$$\begin{aligned} 0 &\leq \int_{\{x \mid M_n g(x) > 0\}} (f - \lambda \mathbb{1}) d\mu && \text{(by (*) )} \\ &= \int_{\{x \mid A_n f(x) > \lambda\}} (f - \lambda \mathbb{1}) d\mu + \int_{\underbrace{\{x \mid M_n g(x) > 0, \\ A_n f(x) \leq \lambda\}}_{\leq 0 \text{ (since } f \leq A_n f)}} (f - \lambda \mathbb{1}) d\mu && \text{(using ~~(*)~~)} \\ &\leq 0 \end{aligned}$$

Thus:

$$\mu \{x \mid A_n f(x) > \lambda\} \leq \frac{1}{\lambda} \int_{\{x \mid A_n f(x) > \lambda\}} f d\mu \leq \frac{\|f\|_1}{\lambda}$$

as required  $\square$

We can now prove that (m) holds.

For  $f \in L^1(X, \mu)$  we have

$$\begin{aligned} &\mu \{x \mid \max_{1 \leq k \leq n} \left| \frac{1}{k} S_k f(x) \right| > \lambda\} \\ &\leq \mu \{x \mid \max_{1 \leq k \leq n} \left\{ \frac{S_k |f|(x)}{k} \right\} > \lambda\} && \text{(since } T \text{ positive)} \\ &\leq \frac{\|f\|_1}{\lambda} && \text{(by Corollary)} \end{aligned}$$

Let  $n \rightarrow +\infty$ :  $\max_{1 \leq k \leq n} \left\{ \frac{S_k f(x)}{k} \right\} \nearrow \sup_{k \geq 1} \left\{ \frac{S_k f(x)}{k} \right\}$   
 $=: Mf(x)$ .

$$\text{Thus: } \mu \{x \mid Mf(x) > \lambda\} \leq \frac{\|f\|_1}{\lambda}$$

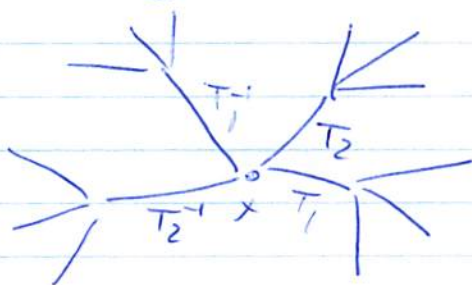
(i.e., (m) holds, as required).

## Example (Actions by free groups)

- Let  $T_1, \dots, T_k : (X, \mu) \rightarrow (X, \mu)$  be invertible measure preserving transformations.

(Let  $T_1^{-1}, \dots, T_k^{-1} : (X, \mu) \rightarrow (X, \mu)$  be the inverses)

- Assume they generate a free group



Let  $\underline{i} = (i_1, \dots, i_n) \in \{1, \dots, k\}^n$   
 denote a string for  
 where  $T_{i_j} \neq T_{i_{j+1}}^{-1}$   
 $\# \{ \underline{i} \mid T_{i_j} \neq T_{i_{j+1}}^{-1} \} = 2k(2k-1)^{n-1}$

- Consider the spherical averages:

$$\sigma_n \phi(x) = \frac{\sum_{|\underline{i}|=n} \phi(T_{i_1} \dots T_{i_n} x)}{2k(2k-1)^{n-1}}, \quad n \geq 1$$

Theorem (Nevo-Stern, Bufetov):

$\frac{1}{N} \sum_{n=1}^N \sigma_n \phi(x)$  converges as  $N \rightarrow +\infty$ ,  
 for a.e.  $(\mu)$  x.

Proof. Consider  $\hat{T} : (L^1(X, \mu))^{2k} \rightarrow (L^1(X, \mu))^{2k}$

$$\begin{aligned} & \left[ \hat{T}(\phi_1, \dots, \phi_{2k})(x) \right]_j \quad (j=1, \dots, 2k) \\ &= \frac{1}{(2k-1)} \sum_{\substack{i=1 \\ (T_i^{-1} \neq T_j)}}^{2k} \phi_i(T_j x) \end{aligned}$$